

# TOOL BOX TALKS

## Preventing Truck Falls

### Slip, Trip and Fall Prevention



Falls from trucks and trailers result in a number of injuries each year. Common injuries include back and shoulder strains or ribcage injuries. Review these truck safety tips with your employees.

#### Tool Box Tips

1. Wear proper footwear.
2. Use proper steps and bars using three-point contact.
3. Face the truck or trailer when climbing.
4. Never jump out of a vehicle or trailer.
5. Never use tires to access the pickup bed.
6. Maintain good housekeeping in cabs and truck beds.
7. Use step ladders to access pickup beds and elevated surfaces.
8. Be cautious when walking in icy or muddy conditions.
9. Survey the ground before dismounting.
10. Report damage or repair needed for ladders or grab bars.



Use the steps only. Tanks, frame rails, tires and bumpers can be slick, resulting in a fall.



Clear all objects from floorboards.



Beware of hoses and trip hazards when working on steps or hooking up trailer air and lights.

These advisory materials have been developed from national standards and sources believed to be reliable, however, no guarantee is made as to the sufficiency of the information contained in the material and Missouri Employers Mutual Insurance Company assumes no liability for its use. Advice about specific situations should be obtained from a safety professional.

For more information:



[www.worksafecenter.com](http://www.worksafecenter.com)



1.888.499.SAFE (7233)

Missouri Employers Mutual

**Work SAFE**