

TOOL BOX TALKS

Beverage Truck Safety

Transportation Slip, Trip and Fall Prevention



Beverage delivery employees unload various sizes and weights of beverage cases from their truck daily. Delivery trucks are generally tall with deep and high cargo bays. The bays are often seven feet high, 40 inches wide and 40 inches deep. Beverage drivers face several hazards throughout the day including fatigue, slips, falls, strains and sprains. Review these safety tips with your employees.

Tool Box Tips

1. Delivery trucks must be inspected before and after each trip.
2. Drivers should always maintain a safe following distance and never tailgate.
3. Always scan the road ahead for hazards. Never distracted. Cell phones, texting and other electronic devices take your mind and eyes off the road.
4. Use proper steps and grab bars. Since they're pinch points, avoid using door jambs and seat frames as grab bars.
5. Survey the ground for hazards before stepping off of the truck.
6. Beverage delivery is physically demanding, consider stretching before beginning work.
7. Use a long hooked handle when reaching for heavy objects.
8. Keep truck body doors maintained and lubricated. This will reduce the force needed to lift.
9. Put empty kegs in compartments that are low to the ground. Avoid stacking them in high compartments.
10. Use a hand truck to move cases or kegs whenever possible.
11. Use ramps, if provided, to move kegs or cases in and out of the low compartments.
12. Take breaks frequently on long deliveries.
13. Ramps should be in safe working order and secured properly before use.
14. Stay hydrated with water and try to avoid caffeine, sugar or energy drinks.
15. Get help to team lift heavy cases or kegs whenever possible.

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These advisory materials have been developed from national standards and sources believed to be reliable, however, no guarantee is made as to the sufficiency of the information contained in the material and Missouri Employers Mutual Insurance Company assumes no liability for its use. Advice about specific situations should be obtained from a safety professional.

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