

TOOL BOX TALKS

Parking Lot Hazards

Healthcare Slip, Trip, and Fall Prevention



A groundskeeping employee entered the building in the early morning to turn on the lights and air compressor. While on his way to the switches, he tripped over an air hose lying across the path. The employee suffered one broken wrist and a bruised nose.

Tool Box Tips

1. Stay alert. Bad habits including laziness, carelessness and complacency result in injuries.
2. Make sure spills, obstructions, supplies and garbage are removed from walking surfaces.
3. Keep machine and equipment steps free of mud and ice buildups.
4. Scan walking areas ahead for any potential slip and trip hazards.
5. Be aware of parking lot hazards such as moving vehicles, trespassers, dark or poorly lit areas, potholes, vehicle debris, rocks, mud and ice.
6. Report parking lot lights that have stopped working and any areas that could use additional lighting.
7. Use a good quality flashlight to scan dark areas before entering.
8. Wear slip-on ice cleats during snow or icy conditions.
9. Watch out for curb stops, drain grates and concrete slabs that heave throughout the year.
10. Slow down when entering a building from the parking lot.
11. Prevent a slip or fall by making sure you use the three points of contact when getting in and out of equipment.
12. Consider walking on grass when sidewalks are slick.

Parking lots have many hidden hazards.

Be alert and scan your pathways first.

These advisory materials have been developed from national standards and sources believed to be reliable, however, no guarantee is made as to the sufficiency of the information contained in the material and Missouri Employers Mutual Insurance Company assumes no liability for its use. Advice about specific situations should be obtained from a safety professional.

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