

SAFETY CALENDAR

HEALTHCARE

Keep safety in mind all year long.



Slips, trips and falls are the No. 1 cause of workplace injuries for the healthcare industry with costs averaging \$36,000 per lost-time claim. This interactive calendar offers suggestions of how you might use Missouri Employers Mutual's free resources to help eliminate slips, trips and falls in your workplace. It starts with January, but you can start your safety program any time!

JANUARY	FEBRUARY	MARCH	APRIL
<p>Use our DEVELOPMENT GUIDE to start creating your Slip, Trip and Fall Program.</p>  <p>HEALTHCARE Use this guide to help develop your Slip, Trip and Fall Program.</p>	 <p>Healthcare</p> <p>Stay safe with appropriate foot protection. Post the PROPER FOOTWEAR safety poster in high traffic areas.</p>	<p>Share a Tool Box Talk with your facilities staff about GROUNDKEEPING SAFETY or MOPPING AND FLOOR HAZARDS.</p> <p>TOOL BOX TALKS Mopping and Floor Hazards Healthcare Slip, Trip, and Fall Prevention</p> <p>A custodian slipped and fell backwards while mopping a tile floor, resulting in a serious hip fracture and head injury. The employee lost consciousness temporarily.</p> <p>Tool Box Tips</p> <ol style="list-style-type: none"> 1. Make sure walking and working surfaces are well lit. Use supplemental foot lighting connected to a ground/fault circuit interrupter to protect employees from falls and electric shock. 2. Take extra care around transitions in floors between buildings. They are especially dangerous during mopping. Wear slip-resistant shoes designed for mopping and buffing floors. 3. Never allow untrained employees into a dangerous area. Slips on the and 	 <p>Slip, Trip and Fall Prevention Healthcare—Fixed Facilities</p> <p>Missouri Employers Mutual Work SAFE</p> <p>Share a short slip, trip and fall SAFETY PRESENTATION at your next staff meeting.</p>
 <p>Healthcare</p> <p>Post the TRANSPORTATION SLIPS AND TRIPS poster to remind employees about safe practices while on the road.</p>	<p>Choose the right ladder for the job so YOU don't become the patient. Share the LADDER SAFETY Tool Box Talk with employees today.</p> <p>TOOL BOX TALKS Ladder Safety Healthcare Slip, Trip, and Fall Prevention</p> <p>A maintenance employee fell from a tall step ladder after getting an electrical shock while changing a light bulb. The employee sustained back, leg and other injuries.</p> <p>Tool Box Tips</p> <ol style="list-style-type: none"> 1. Choose the correct ladder for the job. Ladders or step stools that are too short could contribute to a spinal, brain or head injury, fracture and asphyxia. 2. Follow safety labels, warnings and instructions displayed on the ladder. 3. Avoid overreaching. If you must: keep your feet back inside the rails of the ladder. <p>Always use the right ladder for the job.</p>	 <p>Healthcare</p> <p>Prevent injuries when working with patients at their homes. The HOME HEALTH SLIPS AND TRIPS poster can help.</p>	<p>Prevent trips by always looking ahead and keeping pathways clear. Discuss the TRIP PREVENTION AWARENESS Tool Box Talk with staff.</p> <p>TOOL BOX TALKS Trip Prevention Awareness Healthcare Slip, Trip, and Fall Prevention</p> <p>An administrative assistant tripped near an extension cord laying in an office hallway. In an attempt to break the fall she reached for an adjacent desk resulting in a traumatic shoulder rupture. The employee had months of treatment, immobilization and therapy.</p> <p>Tool Box Tips</p> <ol style="list-style-type: none"> 1. Keep pathways clear of trip hazards. 2. Report any unsafe trip hazards and any lighting that has stopped working. 3. Do not text and walk. 4. Pay attention to your path and scan ahead for hazards. 5. Keep walkways clear of garbage, boxes and loose papers. 6. Repair or make sure gaps in the concrete are marked clearly with high-visibility cones or markings. Concrete floor slabs can heave and move throughout the seasons. <p>Prevent trips by always looking ahead and keeping pathways clear.</p>
 <p>Healthcare</p> <p>Cafeterias are a common place for injuries. Post the CAFETERIA SLIPS AND TRIPS poster with your staff.</p>	<p>Patient safety starts with crew safety. Cover this AMBULANCE Tool Box Talk with your crew.</p> <p>TOOL BOX TALKS Ambulance Healthcare Slip, Trip, and Fall Prevention</p> <p>Two emergency medical technicians were moving a patient strapped to a cot from a residence to the ambulance. One of the technicians stepped off the cot and missed her step tripping the lower back and both knees.</p> <p>Crew Safety Discussion Points</p> <ol style="list-style-type: none"> 1. Wear safe footwear: Proper footwear provides ankle support, a protective toe and a sole with slip-resistant properties. 2. Watch out for curbs and gutter areas in the road. 3. Scan the scene for walking surface hazards. 4. Activate the hand, side and rear view mirrors for all right work. 5. Don't jolt, lunge and rescue both in the "action area" of a rescue. Keep nonessential body segments out of the way. 6. Keep your feet clear when back boarding or removing patients from the vehicle. 7. Be on alert when boarding or moving patients for awkward positions, protruding metal components and tripping. Get plenty of help and don't exceed one rescuer hour at all of the job. <p>Patient safety starts with crew safety. If you're not safe, neither are your patients.</p>	<p>Winter weather is on the horizon. Post the WINTER SLIPS AND TRIPS poster to remind employees about common injuries to avoid.</p>  <p>Healthcare Winter Slips and Trips</p>	 <p>Healthcare</p> <p>Preventing injuries starts with safe surfaces and aware employees. Post the WORKPLACE SLIPS AND TRIPS poster for your administrative staff.</p>
<p>SEPTEMBER</p>	<p>OCTOBER</p>	<p>NOVEMBER</p>	<p>DECEMBER</p>

To download **EVEN MORE** free resources, visit our website www.worksafecenter.com/HealthcareSTF.page dedicated to eliminating slips, trips and falls.

