

SAFETY RULES

KITCHEN

Employee Safety

Slips and trips are some of the most common injuries for kitchen employees. To avoid accidents like these, it's important to maintain a clean kitchen area and put safety guidelines in place.

WorkSAFE Tips

- Employees must wear seat belts when driving on company business.
- Report to work free from the aftereffects of drugs or alcohol.
- Horseplay is prohibited.
- Report maintenance needs or hazards before the end of the work shift.
- Report incidents or injuries in writing immediately.
- When using knives and cutting tools, keep hands and fingers out of the way.
- Keep knives and cutting tools sharp.
- Place unused knives in a stored area and do not leave unused knives out.
- Do not hand knives to co-workers. Pick up knives by the handle only.
- To prevent fires, keep long clothes, dish towels and aprons clear of hot cook tops and burners.
- To prevent entrapment, keep long clothing, jewelry and aprons clear of industrial dough mixers.
- Turn handles of hot pots and pans inward to prevent them from being knocked over.
- Use correct potholders to handle hot pots and pans.
- To prevent steam burns, do not use wet wash rags to clean hot surfaces.
- Wear long, protective gloves and a proper apron when handling hot liquids or grease.
- Prevent falls by cleaning up spills of food, grease and liquids immediately.
- Keep emergency exits clear, unblocked and unlocked.
- Keep fire extinguishers, hood fire and fire alarm pull stations clear and unblocked.
- Do not use water on a grease fire. Cover grease fires with lids or use a foam or ABC dry-chemical fire extinguisher.
- To prevent slips, trips and falls, keep trash and waste piles cleaned up.
- Do not store materials on stairs. Keep stairs clear of buildups of grease and trash.
- Do not run in the kitchen area.
- Wear appropriate slip-resistant footwear when working in the kitchen area.

These advisory materials have been developed from national standards and sources believed to be reliable, however, no guarantee is made as to the sufficiency of the information contained in the material and Missouri Employers Mutual Insurance Company assumes no liability for its use. Advice about specific situations should be obtained from a safety professional.

For more information:



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