Slips, trips and falls are the No. 1 cause of workplace injuries for Missouri contractors with costs averaging $110,000 per lost-time claim. This interactive calendar offers suggestions of how you might use Missouri Employers Mutual’s free resources to help eliminate slips, trips and falls at your job site. It starts with January, but you can start your safety program any time!

### January
Use our **DEVELOPMENT GUIDE** to start creating your Slip, Trip and Fall Program.

### February
Prevent falls with proper ladder safety. Post the **SAFE LADDERS** poster where your employees will see it.

### March
Climbing in and out of machine cabs can put operators at risk for shoulder, back and rib-cage injuries. Cover these **3-POINT CONTACT** safety tips to help staff avoid injuries.

### April
Share a short Slip, Trip and Fall **SAFETY PRESENTATION** at your next staff meeting.

### May
Construction job site falls are a top cause of employee injuries and deaths. Share the **DEATH BY FALL** Tool Box Talk to drive home the importance of fall protection.

### June
Summer is a busy time for roofing. Discuss **COMMERCIAL** and **RESIDENTIAL** safe practices with your employees.

### July
Get a grip! Using handrails on job site stairways reduces the number of job site falls. Share the **SAFE JOB SITE STAIRWAYS** Tool Box Talk at your next safety meeting.

### August
Now is a good time to clean out those unsafe ladders. Cover the **LADDER SAFETY** Tool Box Talk at a safety meeting.

### September
Bucket truck operations present hazards that can easily cause injury or death. Follow the tips in the **BUCKET TRUCK SAFETY** Tool Box Talk to reduce your employee’s exposure to injury.

### October
Use this month to check your job sites for hazards. The **HAZARD ID CHART** can help you identify potential risks.

### November
Winter weather is on the horizon. Review the **JOB SITE SLIPS, TRIPS AND FALLS** Tool Box Talk to remind employees about common injuries to avoid.

### December
Got painters? They are exposed to some of the same fall risks as your roofers. The **SAFETY FOR CONSTRUCTION PAINTERS** Tool Box Talk covers several tips to keep them safe.

---

To download **EVEN MORE** free resources, visit our website [www.worksafecenter.com/ConstructionSTF.page](http://www.worksafecenter.com/ConstructionSTF.page) dedicated to eliminating slips, trips and falls.