





General Safety

# CPR and First Aid

***Be prepared in emergency situations.***

- ▶ Get CPR, First Aid and Automated External Defibrillator training.
- ▶ Practice your skills often and be ready.
- ▶ Verify supplies are stocked, ready and available.
- ▶ Dial 911, and always know your location.
- ▶ Check for scene safety before administering care.
- ▶ Use an AED during CPR.
- ▶ If chemicals are involved, refer to the Safety Data Sheet.

For more information:

 [www.worksafecenter.com](http://www.worksafecenter.com)  1.888.499.SAFE (7233)

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